

1. Cardiologists Highlight the Importance of Screening for Resistant Hypertension

- Growing attention on patients with:
 - Persistently elevated BP despite ≥ 3 antihypertensive agents
 - Obesity
 - Chronic kidney disease
 - Obstructive sleep apnea

👉 **Clinical Alert:** Early identification of resistant hypertension and evaluation for secondary causes can significantly reduce cardiovascular risk.

2. Healthcare Facilities Strengthen Antimicrobial Resistance (AMR) Surveillance

- Hospitals are reinforcing:
 - Antibiotic stewardship programs
 - Culture-guided therapy
 - Infection prevention practices
 - AMR surveillance reporting

👉 **Clinical Insight:** Judicious antibiotic use remains one of the most effective strategies to slow the emergence of resistant pathogens.

3. Early Liver Disease Screening Gains Attention in Metabolic Disorders

- Physicians emphasize routine assessment in patients with:
 - Type 2 diabetes
 - Obesity
 - Dyslipidemia
 - Metabolic syndrome

👉 **Doctor Reminder:** Early recognition of metabolic dysfunction–associated steatotic liver disease (MASLD) may help prevent progression to advanced liver fibrosis.



4. Monsoon Preparedness Intensified for Water-Borne Diseases

- Public health authorities continue surveillance for:
 - Acute gastroenteritis
 - Cholera
 - Typhoid fever
 - Hepatitis A & E

👉 **Public Health Impact:** Safe drinking water, sanitation, and early oral rehydration therapy remain critical in reducing disease burden.



5. Neurologists Stress Early Diagnosis of Sleep Disorders

- Increased awareness regarding:
 - Obstructive sleep apnea
 - Chronic insomnia
 - Restless legs syndrome
 - Excessive daytime sleepiness

👉 **Trend:** Timely diagnosis and treatment of sleep disorders can improve cardiovascular, metabolic, and cognitive health.



6. Preventive Health Check-Up Programs Expand Across Healthcare Networks

- Hospitals are promoting:
 - Annual comprehensive health assessments
 - Cardiovascular risk evaluation
 - Diabetes and CKD screening
 - Lifestyle modification counselling

👉 **Impact:** Preventive screening continues to facilitate earlier diagnosis and better long-term management of chronic diseases.