

Public Health & Government Initiatives

• **Disaster-Resilient Hospitals Workshop**

The first *Regional Workshop on Disaster-Resilient Hospitals* was held at the All India Institute of Medical Sciences (AIIMS) Guwahati, focusing on strengthening preparedness and response capacities of hospital infrastructure for emergencies and natural disasters.

• **Janaushadhi Saptah Begins Nationwide**

Janaushadhi Saptah 2026 was launched across India to raise awareness about affordable and quality generic medicines, coupled with health camps to improve access to essential drugs and public health services.

• **Rapid Digital Growth in Health Insurance**

India's health insurance sector is seeing rapid *digital transformation* with expanded coverage but still faces challenges around public awareness and affordability of plans.

Disease Trends & Prevention

• **Cancer Increasing Among Working-Age Adults**

Health reports highlight a concerning shift: cancer diagnoses are rising among Indians in their 30s and 40s, not just among older adults, prompting calls for earlier screening and lifestyle interventions.

• **Global Breast Cancer Burden Projected to Rise**

New analysis shows global breast cancer cases are expected to increase by 2050, with lifestyle and metabolic risk factors contributing substantially—a finding with direct implications for India's preventive health strategies.

• **Snakebite Declared Notifiable (Himachal Pradesh)**

Himachal Pradesh has made snakebite a notifiable disease under its public health action plan to strengthen surveillance and improve treatment outcomes.

Other Health Updates

- **HPV Vaccination Policy Moves:** Related reporting shows the Government of India plans a free, nationwide HPV vaccine drive targeting 14-year-old girls to prevent cervical cancer — a major policy shift in

immunisation strategy.

- **Health Awareness Publications:** Chennai doctors launched a “*Universal Health Code*” book to improve understanding of human physiology and preventive care, addressing lifestyle disease burdens.
- **Medical Tourism Growth:** India’s medical tourism industry is projected to reach **~USD 13 billion by 2026**, with cities like Bengaluru joining leading hubs for international patients.
- **Nutrition & Healthcare Expansion (Delhi):** Reports note new nutrition programmes for children, upgraded ICU facilities, and holistic care expansions aiming to boost critical care and preventive services in hospitals.