

1. Diabetes Linked to Silent Liver Damage

- A large Indian study (~9,000 participants) found that **diabetes may silently damage liver health**.
 - Key insight:
 - Many patients develop **fatty liver / liver dysfunction without symptoms**
 - Clinical relevance:
 - Need for **routine liver screening in diabetics**
 - Early detection can prevent progression to **cirrhosis**
-

2. Health Sector Reforms Under “Jan Vishwas Bill 2026”

- Government introduced **regulatory reforms** to:
 - Decriminalize minor compliance issues
 - Simplify healthcare regulations
 - Impact:
 - Reduces **legal burden on healthcare providers**
 - Improves **ease of doing business in healthcare**
-

3. Advanced Diagnostic Infrastructure Expansion

- New **Nuclear Medicine Block with PET scan services** inaugurated in Himachal Pradesh.
 - Benefits:
 - Early detection of **cancer, neurological & cardiac diseases**
 - Reduces need for **out-of-state referrals**
-

4. New CPR Guidelines Rolled Out in India

- Updated **American Heart Association (AHA) CPR guidelines** introduced.
- Key focus:

- Evidence-based **resuscitation protocols**
 - Training beyond hospitals (public, first responders)
 - Clinical importance:
 - Improves **survival rates in cardiac arrest**
-

5. Autism Care Advancements in India

- AIIMS Bhopal introduced **group therapy & early intervention programs** for autism.
 - Key features:
 - Multidisciplinary care
 - Focus on **early diagnosis & behavioral therapy**
 - Insight:
 - Early intervention significantly improves **developmental outcomes**
-

6. Global Pharma Impact – US Tariff Policy

- United States imposed **100% tariff on patented drug imports** from countries like India.
 - Key point:
 - **Generic drugs currently exempt**
 - Implication:
 - Could affect **Indian pharma exports & pricing dynamics**
-

7. Healthcare Access Still Limited by Affordability

- Reports highlight that:
 - High **out-of-pocket expenditure** remains a major barrier in India
 - Suggested solution:
 - Expansion of **universal health insurance coverage**
-

8. Global Healthcare Collaboration Initiatives

- **International Patients' Union Conference 2026** announced in New Delhi.
- Focus:
 - Bringing together **patients, doctors, policymakers**
- Goal:
 - Shift from discussion → **action-oriented healthcare reforms**