

## 1. Large-Scale NCD Screening Drive Expands Further

- States are accelerating **population-based screening for diabetes, hypertension, and common cancers**
- Integration with Ayushman Bharat Health and Wellness Centres

 **Clinical Impact:** Strong push toward **early detection & preventive care**

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## 2. Dengue & Vector-Borne Disease Surveillance Intensified

- Pre-monsoon preparedness includes:
  - Rapid diagnostic kits
  - Field surveillance teams
  - Public awareness drives

 **Doctor Alert:** Early identification crucial to reduce complications

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## 3. Focus on Polypharmacy in Elderly Patients

- Experts highlight rising risk of:
  - Drug interactions
  - Adverse drug reactions in geriatric population

 **Clinical Insight:** Need for **medication review & rational prescribing**

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## 4. Increase in Metabolic Syndrome Cases

- Growing clustering of:
  - Obesity
  - Type 2 Diabetes Mellitus
  - Hypertension

 **Trend:** Lifestyle diseases becoming more complex and interlinked

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## 5. Heatwave Continues to Strain Healthcare System

- Ongoing rise in:
  - Heatstroke
  - Dehydration
  - Acute kidney injury

 **High-Risk Groups:** Elderly, cardiac, diabetic patients

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## 6. Workplace Mental Health Programs Increasing

- Corporates expanding:
  - Stress management programs
  - Employee mental health support

 **Insight:** Mental health becoming part of **preventive healthcare ecosystem**