



## Key Public Health & Healthcare System Updates

- ◆ **Rise in Cardiac Emergencies (2025 Data)**

In 2025, India's emergency response service (EMRI 108) recorded a cardiac emergency **every six minutes**, marking a significant rise in cardiovascular crises. Experts linked this to sedentary lifestyles, chronic disease prevalence, and post-COVID health patterns.

- ◆ **Deworming Tablets Distribution (Kochi)**

Ahead of **National Deworming Day (Jan 6)**, free deworming tablets will be distributed to children aged 1–19 across schools and anganwadis in Kochi. Additional health initiatives like leprosy eradication home visits and wellness campaigns were also planned.

- ◆ **Medical Education & Recruitment Drive (Uttar Pradesh)**

The UP government is set for a major recruitment drive in medical education in 2026, with about **1,200 jobs** for teaching and technical positions in state medical colleges — part of efforts to strengthen healthcare services and training.

- ◆ **Commentary on Indian Healthcare Challenges**

Opinion pieces urge India to reclaim its healthcare ethos, cautioning against unchecked commercialization and emphasizing equitable access and ethical care.

- ◆ **Local Health Outreach in Jhansi**

In Jhansi, blankets were distributed to newspaper vendors amid cold weather, and organizers announced plans for a **mega health camp** to support community wellbeing.

## Broader Context & Policy News

- ◆ **Antibiotic Misuse & AMR Concerns**

Health experts emphasize India's serious challenge with **antimicrobial resistance (AMR)**. They warned that indiscriminate and over-the-counter antibiotic use makes common infections harder to treat and called for tighter regulation and physician-led antibiotic stewardship.

- ◆ **AI Clinic in Government Sector**

India inaugurated its first **government hospital-based AI clinic** at the Government Institute of Medical Sciences in Noida to use artificial intelligence for analysis and treatment planning — a major step toward tech-driven public healthcare.

- ◆ **Operational Help for AIIMS OPD Patients**

The All India Institute of Medical Sciences (AIIMS), New Delhi launched an **Ashray facility** to support patients waiting overnight for outpatient (OPD) services, aiming to ease overcrowding and improve patient comfort.

- ◆ **Ayush Medical Officer Interviews Postponed (Azamgarh)**

Interviews for *Ayush Medical Officer* positions under the National Health Mission were postponed due to unforeseen circumstances, affecting recruitment schedules.

- ◆ **Medical Cost Trends Report**

A recent report shows **India's medical plan costs are expected to rise above the global average in 2026**, driven by conditions like cardiovascular disease, cancer, and chronic lifestyle-related risk factors.