

## 1. Jan Aushadhi Diwas 2026 Observed Across India

- India celebrated **Jan Aushadhi Diwas (7 March)** to promote affordable **generic medicines**.
- Under the **Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP)**, more than **18,000 Jan Aushadhi Kendras** now provide medicines at **50–90% lower prices** than branded drugs.
- These centres serve **over 10 lakh patients daily**, helping reduce out-of-pocket healthcare costs.

## 2. NITI Aayog–UNICEF Partnership for Health & Nutrition

- **NITI Aayog and UNICEF India** signed a **Statement of Intent** to strengthen **nutrition and healthcare outcomes** in **Aspirational Districts and Blocks**.
- The initiative will focus on maternal and child health, nutrition monitoring, and community health interventions.

## 3. Indian Pharma Market Growth

- India's pharmaceutical market **grew about 11% in February 2026**.
- Growth was driven mainly by **anti-diabetic, cardiac and anti-infective drugs**, reflecting the increasing burden of chronic diseases.

## 4. Rising Stroke Risk in Younger Indians

- Recent data indicates **1 in 7 stroke patients in India are under 45 years of age**, highlighting an alarming rise in **early-onset stroke**.

- Experts attribute this trend to **sedentary lifestyle, obesity, hypertension and diabetes**.

## **5. NMC Clarification for Foreign Medical Graduates**

- The **National Medical Commission (NMC)** clarified that **mandatory physical compensation classes** are required if foreign medical graduates complete MBBS online.
- Institutions conducting online medical education without proper practical training may face regulatory action.

## **6. Research and Innovation Activities in Medical Institutes**

- Institutes like **PGIMER, Chandigarh** conducted **Research Day events** to showcase innovations in medical science and encourage evidence-based healthcare research.

## **7. Climate Change & Public Health Reporting**

- A global study highlighted that **Indian media coverage of climate-health issues** is increasingly strong compared with many countries, reflecting growing awareness of climate-related health risks.

## **8. Mental Health of Doctors – Concerning Survey**

- A survey of **1,200 Indian doctors** found:
  - **91% would hesitate to recommend medicine as a career to their children.**
  - **47% have considered leaving the profession**, citing stress, burnout, and safety concerns.