



1. Monsoon-Driven Dengue & Malaria Preparedness Intensifies

- State health departments are expanding:
 - Fever surveillance programs
 - Mosquito-control activities
 - Public awareness campaigns

 **Clinical Alert:** Early identification of warning signs and prompt supportive care remain critical.


2. Hypertension Control Rates Remain a Major Public Health Challenge

- Experts highlight:
 - Low treatment adherence
 - Delayed diagnosis
 - Inadequate blood pressure monitoring

 **Clinical Insight:** Improved screening and patient education are essential to reduce cardiovascular events.


3. Focus on Early Detection of Chronic Kidney Disease (CKD)

- Physicians emphasize screening among:
 - Diabetic patients
 - Hypertensive patients
 - Elderly individuals

 **Doctor Reminder:** Early CKD detection can help delay disease progression and reduce complications.


4. Seasonal Gastrointestinal Illnesses Continue to Rise

- Hospitals reporting increased cases of:
 - Acute gastroenteritis
 - Food poisoning
 - Dehydration-related illness

 **Public Health Impact:** Safe water consumption and proper food hygiene remain key preventive measures.


5. Growing Awareness of Migraine and Chronic Headache Disorders

- Neurologists report increasing consultations for:
 - Migraine
 - Tension-type headache
 - Stress-related headache disorders

 **Trend:** Early diagnosis and trigger management can significantly improve quality of life.

6. Hospitals Strengthen Antimicrobial Stewardship Programs

- Key initiatives include:
 - Rational antibiotic prescribing
 - Culture-guided therapy
 - Monitoring antimicrobial resistance trends

 **Impact:** Appropriate antibiotic use remains vital in combating antimicrobial resistance.