🧬 1. India faces a looming lung cancer increase

A major national study (from the *Indian Journal of Medical Research*) warns that **lung cancer cases in India are projected to rise significantly by 2030**, especially among **non-smokers**, driven by **air pollution, indoor smoke exposure, and other environmental factors**. Northeast states and women may see the fastest increases. Early symptoms can be mistaken for common respiratory illnesses like TB, underscoring the need for heightened awareness and earlier diagnosis.

🏥 2. AIIMS Raipur completes 100 robotic surgeries

AIIMS Raipur has achieved a milestone by performing over **100 robotic-assisted surgeries** within four months of launching its robotic surgery program, enhancing precision and outcomes in complex procedures.

🌿 3. AI & Ayurveda supply chain innovations

- The **Indian Ministry of Ayush** highlighted that **AI and digital technologies are boosting quality monitoring and traceability** in the **medicinal plant supply chain**, improving safety and reliability from farm to market.

- The **Bureau of Indian Standards (BIS)** reaffirmed commitments to **strengthen quality and safety standards in Ayurveda products**.

🍎 4. School programs cut junk food consumption

A new **Indian study** shows that **behavioural programmes in schools can lower adolescents' intake of ultra-processed foods (UPFs)** — reducing consumption by up to **1,000 calories per day**, which may help curb rising childhood obesity and associated chronic risks like diabetes and heart disease.

🩺 5. Menopause clinics to start January 14

State health departments confirmed that **dedicated menopause clinics** will begin operating from **14 January 2026** — offering specialised care, scientific guidance, and counseling for women approaching or undergoing menopause.

📉 6. New hospital testing requirement impacts patients

In places like **Tikamgarh district (Madhya Pradesh)**, hospitals are **requiring an ABHA health ID for tests**, which has led to some patients being denied diagnostics — a move that health advocates say needs better communication and implementation to avoid care disruptions.

📊 Context: Ongoing AI expansion in public health

In states such as **Uttar Pradesh**, AI tools are increasingly being deployed in healthcare — from **telemedicine and early disease detection to better data-driven public health planning and surveillance for conditions like TB, maternal/child health issues and non-communicable diseases**.