

1.Safdarjung Hospital to launch India's first online ICU follow-up clinic

- Safdarjung Hospital in **New Delhi** is starting India's **first dedicated virtual ICU follow-up clinic** through the government's **e-Sanjeevani OPD platform**.
- The service will provide **remote consultations for patients discharged from ICUs**, helping those who cannot easily travel back to tertiary hospitals.
- Experts say ICU survivors often face **long-term physical, cognitive, or psychological complications**, making follow-up care crucial.

2. Rising sleep disorders among Indians

- Doctors warned that **millions of Indians may have undiagnosed sleep disorders**.
- Poor sleep is linked to increased risk of **heart disease, diabetes, and depression**.
- On the occasion of **World Sleep Day**, experts urged doctors to include sleep assessment in routine check-ups.

3. Med-Tech Samvad promotes indigenous healthcare innovation

- The "**Med-Tech Samvad**" meeting at **IIT (BHU) Varanasi** brought clinicians, researchers, and engineers together.
- Discussions focused on **developing indigenous medical technologies and strengthening collaboration between academia and hospitals**.
- Experts emphasized translational research and innovation to improve India's healthcare ecosystem.

4. Medical device supply concerns due to polypropylene shortage

- India's medical device industry is facing potential shortages of **syringes, IV bags, and other disposables**.
- A surge in **polypropylene prices linked to geopolitical tensions** could disrupt supply chains and raise manufacturing costs.

5. Rare Diseases Action Summit 2026 highlights treatment challenges

- At the **Rare Diseases Action Summit 2026 in New Delhi**, policymakers and healthcare leaders discussed:
 - Delays in diagnosis
 - Limited access to advanced therapies
 - Funding gaps for rare disease treatment in India.

6. India emerging as a global medical tourism hub

- India is increasingly attracting international patients due to **affordable and high-quality healthcare services**.
- The country is projected to be among the **leading global destinations for medical tourism**, along with Thailand, Malaysia, and Singapore.