

## 1. Diabetes crisis threatens India's economy

- A new study reports that **\*\*India now faces the *second-highest economic burden from diabetes in the world*, estimated at around \$11.4 trillion**, due to healthcare costs, lost productivity and long-term complications. Diabetes is increasingly affecting younger adults and working-age populations, prompting calls for stronger prevention and early treatment programs.
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## 2. India must lead in AI for healthcare strengthening

- Dr. Vinod Kumar Paul of NITI Aayog emphasized that **India should retain control over artificial intelligence development** and integrate AI into healthcare systems responsibly to improve diagnostics, patient care and public health planning. Experts stress ethical AI use, data governance and local innovation leadership.
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## 3. Nipah virus alert continues in West Bengal

- Health officials remain on **high alert after suspected *Nipah virus* cases in West Bengal**, with the central government deploying rapid response teams for contact tracing and containment. Nipah is a potentially deadly virus requiring urgent public health action.
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## 4. Rodenticide poisonings strain hospitals

- Government hospitals in Tamil Nadu treated **222 cases of rat poison ingestion in 2025**, mainly from northern districts. Health professionals warn of severe internal damage and potential deaths without early treatment. Public health experts also highlighted the importance of mental health support resources alongside clinical care.
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## 5. Menopause clinics launch nationwide focus

- Weekly **menopause clinics** are now rolling out in several districts across **Pune and other regions**, offering comprehensive care including hormone management, lifestyle guidance and mental health support for women. This initiative aims to fill gaps in women's health services and awareness.