

1. Government stresses preventive healthcare and research

- At a post-budget webinar, **Narendra Modi** highlighted that India's **health infrastructure has significantly strengthened in recent years**.
- The government emphasized **preventive healthcare, medical research, and innovation** as major priorities for the coming years.
- Experts noted that India is moving toward becoming a **global healthcare and biotechnology leader**.

2. Preventive screening initiative launched in Goa

- The **Government of Goa** introduced a **comprehensive health screening programme** across Primary Health Centres (PHCs) and Community Health Centres (CHCs).
- The initiative focuses on **early detection of chronic diseases** such as diabetes, hypertension, and cancer.
- The programme aims to strengthen **preventive and community-level healthcare services** in the state.

3. New sleep apnea clinic started in Vadodara

- **Sir Sayajirao General Hospital** launched a dedicated **sleep apnea clinic** with a new polysomnography machine.
- Doctors warned that **loud snoring may indicate obstructive sleep apnea**, which is linked to conditions such as heart disease, stroke, hypertension, and type-2 diabetes.
- Experts estimate **over 100 million working-age Indians may suffer from undiagnosed sleep apnea**.

4. Medical council suspends doctors for misconduct

- The **Gujarat Medical Council** suspended the licences of **three doctors** for issues including **misrepresentation of qualifications and medical negligence**.
- One gynaecologist received a **one-year suspension** after surgical negligence linked to patient deaths.
- The move reflects stricter regulatory action against unethical medical practice.

5. Focus on rare disease policy and access to treatment

- Experts at the **Rare Diseases Action Summit 2026 in New Delhi** discussed the need for **better diagnosis systems, funding support, and access to advanced therapies** for rare disease patients in India.
- Policymakers and healthcare leaders stressed **multi-stakeholder collaboration** to improve care for rare disease patients