

Public Health & Disease Trends

- **Diabetes burden alarm:** New reports highlight India as having a rapidly growing diabetes burden, with every fourth person affected and huge economic impacts — prompting calls for urgent preventive action and care reforms.
- **Antibiotic resistance concerns:** Studies and alerts point to rising antimicrobial resistance, with many commonly used antibiotics losing effectiveness — reaffirming global and domestic health concerns.
- **Quackery & illegal medical practices flagged:** Multiple northern and central Indian states are seeing increased illegal medical practice complaints, raising public safety issues and calls for stronger regulation.

Medical Community & Professional Issues

- **Fake doctor exposed:** *Shark Tank India* publicly called out a self-styled “doctor” promoting misleading skin-care health claims, highlighting importance of credible qualifications and health communication.
- **Antimicrobial resistance education:** The *Global Association of Indian Medical Students* launched a special edition focused on AMR (antibiotic resistance), emphasizing youth and professional involvement in tackling this crisis.

Healthcare Policy & Insurance

- **New health insurance scheme:** The government’s *Paripoorna Mediclaim Ayush Bima* plan was announced, providing enhanced insurance coverage (including traditional Ayush treatments) for CGHS beneficiaries — part of broader efforts to strengthen healthcare security and reduce out-of-pocket costs.



Infectious Disease Watch

- **Nipah virus updates (ongoing):** Reports indicate continued monitoring and concern around Nipah virus cases in West Bengal, with additional healthcare workers showing symptoms — authorities remain vigilant.



Contextual health developments (reported Jan 15 Although some may cover broader trends)

- **HPV vaccination drive in Haryana:** A special HPV (*human papillomavirus*) immunization campaign was launched targeting cervical cancer prevention among adolescent girls, reflecting intensified cancer prevention efforts.
- **Healthcare investment growth:** India's healthcare sector continues attracting strong investment — over ₹10,000 crore in Q2 FY26 through mergers and expansions, with diagnostics, specialty care, and digital health drawing capital (industry report).