



Healthcare System & Medical Education

- **125 new PG medical seats approved:** The *National Medical Commission (NMC)* has added 125 postgraduate medical seats across 22 colleges after appeal decisions — expanding training capacity for doctors.



Public Health Alerts & Disease Monitoring

- **Nipah virus alert in Odisha:** Health authorities have issued a **Nipah alert for districts bordering West Bengal** to strengthen surveillance and early detection as neighbouring states monitor possible spread.



Community Health & Local Initiatives

- **Free health camp & blood donation in Varanasi:** A local service committee organised a *free medical camp* and collected **30 units of blood** to support community health needs.
- **Employee health focus in corporate wellness:** *GAIL (India) Limited* concluded its **Wellness Week 2026** promoting holistic health practices for its workforce.



Healthcare Facility Concerns

- **Medical college ward staff suspended:** At a medical college orthopaedic ward in Uttar Pradesh, staff were suspended after a **video showing rodents circulating in the ward** went viral — raising infection control concerns.



Drug Safety & Enforcement

- **Codeine syrup bottles found in garbage:** In *Hathras*, discarded vials of codeine cough syrup (a controlled substance) sparked police and health regulation scrutiny of medical shops to curb drug misuse.

❤️ Health Awareness

- **Heart disease trends in India:** An important health report highlights that **heart disease is increasingly affecting younger Indians**, not just older adults — underscoring lifestyle risk factors and the need for early education and prevention.