



1. Dengue Preparedness Enters Advanced Surveillance Phase

- Health authorities intensifying:
 - Fever surveillance
 - Larval source monitoring
 - Rapid response preparedness

 **Clinical Alert:** Early diagnosis and fluid management remain critical to reducing severe dengue outcomes.


2. Cardiovascular Disease Burden Rising in Urban Population

- Increasing incidence of:
 - Hypertension
 - Dyslipidemia
 - Obesity-related cardiac risk

 **Clinical Insight:** Preventive cardiology and lifestyle intervention becoming increasingly important.


3. Polypharmacy Concerns Growing in Elderly Patients

- Physicians highlighting risks of:
 - Drug interactions
 - Medication duplication
 - Adherence problems in geriatric care

 **Doctor Reminder:** Regular medication review is essential in chronic disease management.

4. Heatwave Continues to Trigger Renal & Electrolyte Disorders

- Hospitals reporting ongoing cases of:
 - Dehydration
 - Hyponatremia
 - Acute kidney injury

 **High-Risk Groups:** Elderly, CKD, diabetic and cardiac patients remain highly vulnerable.

5. Mental Fatigue & Burnout Complaints Increasing

- Urban clinics observing more:
 - Stress-related fatigue
 - Sleep disturbances
 - Anxiety complaints

 **Trend:** Mental health increasingly overlapping with routine medical practice.

6. Hospitals Strengthening Emergency & ICU Readiness Before Monsoon

- Preparations include:
 - ICU bed optimization
 - Emergency drug stocking
 - Infection-control audits

 **Impact:** Better preparedness for seasonal infectious disease surge