

1. First Global Universal Definition of Heart Failure Released

- International cardiology groups have issued a new universal definition of heart failure.
- The updated framework aims to improve consistency in:
 - Diagnosis
 - Classification
 - Clinical communication
 - Patient management

👉 **Clinical Alert:** Standardized definitions may improve recognition and management of heart failure across different healthcare settings.

2. New CKM Syndrome Guidelines Highlight the Link Between Heart, Kidney and Metabolic Disease

- New clinical guidance focuses on the interconnected relationship between:
 - Obesity
 - Diabetes
 - Chronic kidney disease
 - Cardiovascular disease

👉 **Clinical Insight:** Integrated management of cardiovascular-kidney-metabolic risk factors is increasingly becoming a central approach to chronic disease care.

3. WHO Reports New Evidence on Preventing or Delaying Dementia

- New WHO guidance highlights that a substantial proportion of dementia risk may be preventable or delayed.
- Key areas of focus include:
 - Blood pressure control
 - Diabetes management
 - Physical activity
 - Healthy lifestyle
 - Management of other modifiable risk factors

👉 **Doctor Reminder:** Prevention and early management of modifiable risk factors remain important throughout the life course.

4. COVID-19 Surveillance Continues in Andhra Pradesh

- Health authorities reported recent COVID-19 cases and deaths in Andhra Pradesh.
- Samples have been sent for genome sequencing to identify the circulating variant.
- Authorities have indicated that there is currently no need for panic, while surveillance continues.

👉 **Clinical Insight:** Continued genomic surveillance remains important for monitoring changes in circulating SARS-CoV-2 variants.

5. AI Continues to Expand in India's Healthcare System

- New healthcare initiatives are focusing on:
 - AI-assisted healthcare
 - Public health applications
 - Collaboration with major medical institutions
 - Digital health innovation

👉 **Impact:** Artificial intelligence is increasingly being integrated into healthcare delivery, research, and public health systems in India.

6. Robotic Surgery Expands in Government Healthcare

- Himachal Pradesh has announced the introduction of robotic surgery in three government hospitals.
- The development reflects the growing adoption of advanced surgical technologies in public healthcare.

👉 **Healthcare Trend:** Robotic-assisted surgery is increasingly being explored to improve precision and expand access to advanced surgical care.