


## 1. Fever Clinics Begin Preparing for Monsoon Surge


- Hospitals increasing readiness for:
  - Dengue
  - Malaria
  - Viral fever outbreaks
  - Acute gastroenteritis cases

 **Clinical Alert:** Early diagnosis and hydration management remain critical.

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## 2. Rising Awareness About Silent Cardiac Risk Factors


- Experts emphasize screening for:
  - Hypertension
  - Dyslipidemia
  - Obesity
  - Prediabetes

 **Clinical Insight:** Many cardiovascular risk factors remain asymptomatic for years.

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## 3. Medication Adherence Emerging as Major Chronic Care Challenge

- Physicians reporting poor compliance in:
  - Diabetes
  - Hypertension
  - Thyroid disorders

 **Doctor Reminder:** Patient counselling and simplified regimens improve long-term outcomes.

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#### 4. Heatwave Continues to Increase OPD & ER Burden

- Common heat-related presentations:
  - Dehydration
  - Fatigue
  - Electrolyte imbalance
  - Heat exhaustion

👉 **High-Risk Groups:** Elderly, CKD, diabetic and cardiac patients.

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#### 5. Digital Lifestyle Disorders Increasing

- More patients presenting with:
  - Eye strain
  - Neck pain
  - Sleep disruption due to prolonged screen exposure

👉 **Trend:** Technology-related health complaints becoming increasingly common.

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#### 6. Hospitals Strengthening Monsoon Emergency Logistics

- Preparations include:
  - IV fluid stocking
  - ICU preparedness
  - Infection-control reviews
  - Emergency medicine inventory checks

👉 **Impact:** Improved preparedness for seasonal healthcare burden.