

1. Hospitals Strengthen Fever Management Protocols Before Monsoon

- Healthcare facilities preparing for rise in:
 - Dengue
 - Malaria
 - Viral fevers
 - Acute gastroenteritis

👉 **Clinical Alert:** Early triage and fluid management remain critical in seasonal infections.

2. Increasing Attention on Hidden Cardiovascular Risk

- Experts emphasize screening for:
 - Borderline hypertension
 - Dyslipidemia
 - Obesity-related cardiac risk

👉 **Clinical Insight:** Many patients remain asymptomatic until major cardiovascular events occur.

3. Rational Use of Antibiotics & NSAIDs Under Focus

- Physicians caution against:
 - Unnecessary antibiotic prescriptions
 - Long-term unsupervised painkiller use

👉 **Doctor Reminder:** Rational prescribing reduces renal, GI and antimicrobial resistance complications.

4. Heatwave Continues to Cause Severe Dehydration Cases

- Emergency departments still reporting:
 - Heat exhaustion
 - Electrolyte imbalance
 - Acute kidney injury
 - Syncope episodes

👉 **High-Risk Groups:** Elderly, CKD, diabetic and cardiac patients remain highly vulnerable.

5. Lifestyle-Related Mental Fatigue Increasing

- Urban clinics seeing more:
 - Burnout complaints
 - Sleep disturbances
 - Anxiety-related symptoms

👉 **Trend:** Mental health increasingly overlapping with routine OPD practice.

6. Hospitals Expanding ICU & Emergency Readiness

- Preparations include:
 - ICU bed optimization
 - Emergency medicine stocking
 - Infection-control reviews
 - Staff preparedness training