

1. ICMR-NIN Consortium Releases Policy Priorities for Healthier Diets in Children and Adolescents

- The “Let’s Fix Our Food” consortium has released recommendations focused on improving nutrition among children and adolescents.
- Key areas include:
 - Healthier food environments
 - Reduction of unhealthy food exposure
 - Better nutrition policies
 - Prevention of diet-related non-communicable diseases

👉 **Public Health Insight:** Improving dietary habits early in life may help reduce the future burden of obesity, diabetes, and cardiovascular disease.

2. Parliamentary Panel Calls for Stricter Regulation of Sugar in Infant Food Products

- A parliamentary panel has urged stronger measures to protect child health, including:
 - Better regulation of sugar content
 - Front-of-pack nutrition declarations
 - Increased inspections

👉 **Clinical Insight:** Early dietary exposure plays an important role in shaping long-term nutrition habits and metabolic health.

3. Extreme Heat During Pregnancy Linked to Increased Risk of Low Birth Weight

- A national study involving more than **209,000 births** found that even brief periods of extreme heat during pregnancy may adversely affect birth outcomes.
- Researchers highlighted the need to consider pregnant women as a priority group in heat-health action plans.

👉 **Maternal Health Alert:** Climate-related heat exposure is emerging as an important factor in maternal and neonatal health planning.

4. India's Hospital and Diagnostics Sector Continues Strong Expansion

- The healthcare sector continues to grow through:
 - Hospital expansion
 - Increased bed capacity
 - Higher occupancy
 - Growing demand for complex treatments

👉 **Healthcare Trend:** The next major challenge for healthcare providers will be balancing rapid capacity expansion with cost management and quality of care.

5. Cipla Reports Decline in Quarterly Profit Amid Changing Pharmaceutical Market Conditions

- Indian pharmaceutical company Cipla reported a larger-than-expected decline in first-quarter profit.
- The company also announced a change in its Chief Financial Officer.

👉 **Pharma Industry Insight:** The development highlights the continuing impact of market conditions and business pressures on major pharmaceutical companies.

6. 16th BRICS Health Ministers' Meeting Concludes in India

- The meeting focused on strengthening cooperation in:
 - Health security
 - Digital health
 - Pandemic preparedness
 - International healthcare collaboration

👉 **Global Health Impact:** International cooperation remains essential for building resilient health systems and addressing future public health emergencies