

Healthcare Infrastructure & Innovation

- **New Specialty Clinic for KSRTC:**

Kerala State Road Transport Corporation has transformed its old medical centre in Thiruvananthapuram into a 5,700 sq ft facility with outpatient specialty services, diagnostics, dental care and a small dialysis unit — partly free for employees, nominal charges for public.

- **AI Transforming Healthcare Delivery:**

Healthcare delivery in India is rapidly evolving with artificial intelligence—used in diagnostics, telemedicine and disease surveillance—to improve access and early detection in both urban and rural settings.

- **Reliance’s AI-Powered Clinic Launch:**

Reliance Jio has unveiled **JioArogya AI**, an AI-clinic solution featuring smart body-scanning mirrors and a voice AI doctor to support primary healthcare and guide patients toward specialist care.

Public Health & Research

- **Doctors Bust Self-Care Myths:**

Medical experts clarify common misconceptions about self-care — emphasizing that true self-care involves consistent health habits, doctor visits, managing chronic conditions, nutrition and long-term wellbeing rather than spa routines or quick fixes.

- **Medical Research Connect 2026 Begins:**

The Department of Health Research has launched *Medical Colleges Research Connect 2026*, bringing over 100 medical colleges together for workshops, talks and collaboration aimed at strengthening India’s biomedical research ecosystem.

- **IGIMS Patna Honoured:**

The Institute of Gastrointestinal and Hepato-Pancreatic Sciences (IGIMS) in Patna has received a national excellence award, recognising it among India’s top institutions for medical research.

Public Health Initiatives

- **HPV Vaccination Rollout Praised:**

Former ICMR Director General V.M. Katoch hailed the nationwide rollout of the **Human Papillomavirus (HPV) vaccine** as a landmark public health step that will strengthen India's fight against cervical cancer.

- **Timely Testing to Combat Sepsis & AMR:**

Clinicians stress rapid, accurate diagnostics to improve sepsis outcomes and curb antimicrobial resistance — highlighting the role of quality testing in early treatment and prudent antibiotic use.

Health & Lifestyle Insights

- **Case Study on Holistic Diabetes Care:**

A diabetes patient in Uttar Pradesh reported significant health improvement after integrated conventional and holistic therapy, showcasing increasing public interest in blended treatment approaches.

- **Heart Health Crisis in Younger Adults (Related Trend):**

Health reports indicate rising heart disease risks among younger Indians due to lifestyle factors, with events planned to raise awareness about prevention, women's heart health and post-event care.