

1. India Expands Digital Health Mission Integration

- Government accelerating integration under Ayushman Bharat Digital Mission
- Focus on:
 - Digital health IDs
 - Unified patient records
 - Interoperable hospital systems

 **Clinical Impact:** Improved continuity of care & data-driven decision-making.


2. Antimicrobial Resistance (AMR) Surveillance Strengthened

- Indian Council of Medical Research expanding AMR surveillance network
- New labs being added for:
 - Resistance tracking
 - Antibiotic stewardship programs

 **Doctor Relevance:** Rational antibiotic prescribing becoming more critical.

3. Rise in Lifestyle Disorders Across Urban India

- Increasing cases of:
 - Obesity
 - Type 2 Diabetes
 - Hypertension
- Linked to sedentary lifestyle and dietary patterns

 **Trend:** Earlier onset of NCDs → need for aggressive preventive care.

4. Heatwave Continues to Drive Hospital Burden

- Multiple states reporting:

- Increased heatstroke admissions
- OPD overload due to dehydration & fatigue

👉 **Clinical Alert:**

High vigilance for:

- Electrolyte imbalance
 - Acute kidney injury
 - Cardiovascular stress
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 **5. Push for Strengthening Primary Healthcare**

- Govt focusing on:
 - Upgrading Health & Wellness Centres
 - Expanding rural access

👉 **Impact:** Reducing tertiary-care overload via stronger primary care.

 **6. Mental Health Awareness Campaigns Scaling Up**

- Increased focus on:
 - Stress-related disorders
 - Workplace mental health programs

👉 **Insight:** Mental health gradually integrating into mainstream care.